

Spaghetti Bolognese



No need to miss your pasta night. Here is an easy to prepare 'pasta' dinner.

Instructions

Brown turkey and remove from pan.

Add vegetables to pan and saute. Once vegetable are done add meat back to pan. Add in spices and vegetable broth. stir to combine.

Mix in Vegetable Bolognese package to pan. Turn down heat and simmer until done.

Serve this over 1 cup of Palmini Angel Hair or Linguine Noodles.

* This can also be served over spiralized zucchini or Kohlrabi

Ingredients

4 oz lean ground turkey
1 pkg IP Vegetable Bolognese
1/2 cup diced peppers
1/4 cup sauteed mushrooms
1/4 cup diced tomatoes
1/2cup vegetable or mushroom broth
pinch of red pepper flakes
1 – 2 cloves garlic
1 tsp Italian spice
salt and pepper to taste



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